











**Fridays Are...
Themes 2023-24**

Week	1	2	3	4	5	6	7
Focus	Health & Wellbeing	British Values		Raising Aspirations	Keeping Safe	Sex & Relationships	Calendar events
Autumn 1 (7 weeks)	Ready, Respect Safe	Be Respectful	Be Responsible	Be safe	Family 	Goals	FS & KS1: Halloween/Harvest KS2: Black History Month – Key person in History.
Focus	Keeping Safe	National Event	Sex & Relationships	Health & Wellbeing	British Values	Wider World/What's in the news?	
Autumn 2 (7 weeks) 	Road Safety	Remembrance (Remembrance Sunday 12.11.23)	Bullying (Anti Bullying week) 	Dental Hygiene	Rule of Law Fairness/Kindness	News Story <i>Look at a news story that may interest your class or carry out a session on respect or fairness if it is needed in your class/yeargroup.</i>	
Focus	Sex & Relationships	Keeping Safe	Wider World/What's in the news?	Health & Wellbeing	Keeping Safe	Health & Wellbeing	British Values
Spring 1 (6 weeks)	Positive relationships	Social Media Being Kind Online		Children's Mental Health Week 5 th Feb 2024)	Internet Safety Safer Internet	Balanced Diet/Lifestyle	Tolerance Respect for the environment

					Day 6 th Feb 		(including school environment)
Focus	Sex & Relationships	Raising Aspirations	Sex & Relationships	Keeping Safe	Health & Wellbeing		
Spring 2 (5 weeks)	Stereotypes in job roles 	Careers in.... (Careers week 4 th March)	Racism 	Social Media	Emotions (Use colour monster and talk about how emotions can change)		
Focus	Sex & Relationships	Keeping Safe	Sex & Relationships	Wider World/What's in the news?	Keeping Safe	Keeping Safe	
Summer 1 (6 weeks)	Positive relationships	Sun safety Month Melanoma Awareness	Stereotypes 	What's in the News?	Stranger Danger	Water Safety	
Focus	British Values	Raising Aspirations	Raising Aspirations	Health & Wellbeing	Wellbeing & Relationships		
Summer 2 (6 weeks)	Debate	Finance – Saving/Budgeting (My Money Week)	Poverty Today's a No Money Day	Resilience – Sports Day	Introducing transition		